



Chamber Fitness Coaching opportunity

Chamber Fitness is looking to hire a talented, motivated and energetic individual to join our coaching team and to ensure that we attain our mission of delivering to our members the best possible health and fitness experience!

We are looking to hire for the following positions:

- **Group Fitness Coach** (Casual)

If you are interested in joining an amazing team of employees and community of members, please see the information below for more details on the positions.

If you are interested in joining the Chamber team, please submit the following:

- Current Resume
- One-Page Cover Letter - please explain why you want to work at The Chamber, and your favorite experience helping others.

Submit your completed resume and cover letter as PDF files and email to

jenn@chamberfitness.com.au

We will review applications on a rolling basis and begin interviewing applicants as early as August 29th 2022 , with the goal of finalizing hiring decisions by September 19th, 2022.



Fitness Coach Position Overview:

The primary role of the Chamber Fitness Coach will be to ensure that all members of the Chamber community receive an unparalleled level of excellence in their gym experience, are educated and supported in achieving their fitness goals, understand the value of the coaching received, and continue to enjoy the benefits of being a member of the Chamber community.

Below are some responsibilities of our Coaches:

- Assess client needs, strengths and weaknesses
- Ability to customize programming on the fly based on each members needs
- Execute duties and procedures of assigned by management
- Assist in maintaining cleanliness, organization and maintenance of the facility
- Coordinate logistics to ensure efficient operation of gym space and experience
- Provide post-training feedback
- Develop and maintain professional relationships with clients to enhance their gym experience.
- Ability to design and implement group warm-up protocols
- Contribute to blog content as directed
- Actively engage in professional development and continued education
- Perform other job duties that may arise or are deemed necessary by management

Available Hours: 7-10 Hours per week

Mondays 5.30am, 6.30am, 9.30am Classes

Thursday 5.30pm Olympic Lifting Class

Friday 4.30pm, 5.30pm Classes

Saturday 8.00am Class



Qualifications and Experience:

- Certificate III/IV in Fitness (Preferred)
- Crossfit L1 (Preferred)
- Training and or previous Coaching experience in Crossfit, Olympic Weightlifting, Group Fitness - (Preferred)
- Current CPR/First Aid Certificate